

AHCA/NCAL

Gero Nurse Prep

a product of UNMC CON CNE

Online training to become **board certified**
in gerontological nursing

BOARD CERTIFICATION BEGINS WITH GERO NURSE PREP

Course Information Packet



TRY OUR FREE DEMO AT WWW.GERONURSEPREP.COM!

AHCA NCAL
AMERICAN HEALTH CARE ASSOCIATION NATIONAL CENTER FOR ASSISTED LIVING

Raise Your Skills to a New Level!

Less than 1% of RNs are board certified in Gerontological Nursing! Gero Nurse Prep will prepare you to **be among that 1%!**

Benefits of Becoming Board Certified in Gerontological Nursing

- **Recognition** from peers, managers, & other health professionals
- **Enhanced** professional credentials. As soon as you pass the certification exam, you will be able to use the credential **RN-BC**
- **Improved** critical thinking skills & problem solving techniques in patient care
- **Advanced** gerontological knowledge, skills, & resources
- **Improved** job satisfaction & confidence
- **Exemplifies** commitment to professional development & quality care

About Gero Nurse Prep

Gero Nurse Prep is an online training course designed to prepare RNs in long term care for attainment of board certification in Gerontological Nursing (RN-BC) by the American Nurses Credentialing Center (ANCC). This course equips RNs with a broad array of clinical knowledge, skills, & competencies that are tested on the ANCC certification exam & essential for quality gerontological nursing practice.

Proven Track Record

Gero Nurse Prep Alums have a **96% pass rate** on the certification exam!

Features of Gero Nurse Prep

Specific features include:

- Content is **mapped to the ANCC test outline** to ensure success
- **30 continuing nursing education contact hours** by the University of Nebraska Medical Center College of Nursing Continuing Nursing Education, an accredited provider by ANCC (fulfills the continuing education eligibility criteria to sit for the certification exam)
- Gerontological nursing **textbook**, including access to additional learning resources
- **10 online educational modules**, complete with content, assigned readings, learning activities, & numerous gerontological nursing resources—all designed to assure content mastery
- **User friendly** format **available 24/7** on any computer with Internet access
- **Practice test** opportunities including a simulated certification exam **test taking strategies & tips**
- **Customer support** available by phone, email or online
- **Sample of Topics Covered**
 - Leadership, Health Promotion, Healthcare Settings, & Healthcare System Policy
 - Pharmacology, Lab Values, Pain Management
 - Integument, Sleep & Rest, & Thermoregulation
 - Impaired Cognition: Delirium, Depression, & Dementia

What Gero Nurse Prep Alums Have to Say!

"The physicians look at me differently because I am board certified. If nurses want certification in Gerontological Nursing, this is a wonderful way to prepare for the exam!"

Maggie Spilker, RN-BC

*"As a nurse with **26 years in long term care**, I was impressed with the course's clinical care sections, its geriatric nursing research summaries, the useful resources it included & its emphasis on professionalism & respect for older adults & their caregivers."*

Laura Lea, RN-BC

"The course creates 'aha' moments at work. We've all connected what we learned & applied it."

Marcia Matsik, RN-BC



For more information visit:
www.geronurseprep.com
 Call: 402-559-1990
 Email: concne@unmc.edu

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Course Outline

- Module 1:** Wellness & Aging Statistics, Culture, Theory of Aging, & Standards of Practice
- Module 2:** Leadership, Health Promotion, Healthcare Settings, & Healthcare System Policy
- Module 3:** Legality/Ethics, Abuse/Neglect, Psychosocial Function, Disability/Mental Health, Substance Abuse
- Milestone 1:** Registering for the ANCC Certification Exam
- Module 4:** Comprehensive Assessment, Cardiovascular, Respiratory, & Immune Function
- Module 5:** Pharmacology, Lab Values, Pain Management
- Milestone 2:** Be a Master Test Breaker!
- Module 6:** Hearing & Vision, Cognitive Function, & Safety & Mobility
- Module 7:** Integument, Sleep & Rest, & Thermoregulation
- Milestone 3:** ANCC Practice Test 1
- Module 8:** Digestion & Nutrition, Urinary Function, Sexual Function, & Endocrine
- Module 9:** Illness, End of Life, Nursing Research in the Care of Older Adults
- Milestone 4:** ANCC Practice Test 2
- Module 10:** Impaired Cognition: Delirium, Depression & Dementia

What Gero Nurse Prep Alums Have to Say!

"It [Gero Nurse Prep] included **different types of learning**, reading, case studies, book, online, videos, & it was at my pace so I could work it in around my schedule."

S.J., Millersburg, OH

"**The course engaged me.** It was challenging & I wanted, even looked forward, to learning."

K.S., Soldotna, AK

"It [Gero Nurse Prep] was **easy to follow** & I was able to talk to someone when or if I had a question."

D.L., Auburn, ME

"The case studies provided **opportunities to use the information** in the course for practical purposes & understand how it applied."

B.W., Eastham, MA



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AM I ELIGIBLE FOR ANCC CERTIFICATION IN GERONTOLOGY?

The American Nurses Credentialing Center (ANCC) requires all applicants for the certification exam in Gerontological Nursing to meet specific eligibility requirements.

Ask yourself if you meet the following criteria:

- Current, active RN licensure within a U.S. state or territory
- Two years full-time practice as a registered nurse
- At least 2,000 hours of gerontological nursing practice over the past 3 years
- Completion of 30 hours of continuing education in gerontological nursing within the last 3 years (*Successful completion of Gero Nurse Prep fulfills this requirement while preparing you to pass the exam!*)



If you answered 'yes' to all of the above, congratulations! You are eligible to apply for the certification exam!

I MEET ALL THE ELIGIBILITY CRITERIA, BUT I WONDER, AM I READY TO SUCCEED IN GERO NURSE PREP?

Ask yourself the following questions:

- Do I want to be recognized as one of the few RNs in my field who are Board Certified in Gerontological Nursing?
- Am I comfortable using a computer & willing to become more proficient using a computer?
- Am I comfortable starting a computer-based course?
- Am I willing to engage in a variety of activities online, including videos, case studies, gaming, PowerPoint presentations, testing, reading, & accessing Internet sites, to increase my clinical expertise?
- Am I willing to call or email the Support Desk if I have trouble with my computer or am unsure about how to get started or what to do next?
- Can I stick to a schedule & set aside time every week to complete my course work?
- Am I willing to set a target date for completing the course & then meet it?
- Can I commit to taking the ANCC certification exam shortly after I complete the course?
- Am I willing to be a "study buddy" & collaborate with other RNs at my work site so we succeed **together?**
- Am I willing to partner with my facility administrator to complete Gero Nurse Prep & become Board Certified?
- Am I open to learning more than I ever thought possible & making even greater contributions to my patients than I do today?

If you answered 'yes' to most of these questions, then you ARE ready!

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